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Miniature repertory of the common cold.

by Dr. Margaret Lucy Tyler

Presented by Sylvain Cazalet



Margaret Tyler, circa 1930 *

Dr Margaret Lucy TYLER (1857-1943)

MINIATURE REPERTORY OF THESE REMEDIES OF THE COMMON COLD.

Easily chilled : *Ars.*, *Bry.*, *Hep.*, *Merc.*, *Nat m.*, *Nux*, *Phos.*, *Puls.*
 COLD. Worse cold air : *All. c.*, *Ars.*, *Dulc.*, *Hep.*, *Nux*, *Phos.*
 COLD. Worse cold dry weather : *Acon.*, *Bry.*, *Hep.*, *Nux*, *Caust.*
 COLD. Worse cold wet : *Calc.*, *Dulc.*, *Rhus*, *Nat s.*
 COLD. Worse inhaling cold air : *All. c.*, *Hep.*, *Phos.*, *Rumex.*
 COLD. Worse draught : *Ars.*, *Bell.*, *Hep.*, *Nat c.*, *Nux*, *Sul.*, *Dulc.*,
Merc.
 WET. Worse wet : *Calc.*, *Dulc.*, *Kali iod.*, *Merc.*, *Rhus*, *Puls.*, *Sul.*
 WET. Worse warm wet : *Gels.*, *Carbo v.*
 WEET. Better warm wet : *Hep.*
 Warm room. Worse : *Puls.*, *Tub.*, *All. c.*, *Merc.*, *Nux* (more fluent).
 Warm room, Worse entering : *Bry.*
 Open air. Worse : *Nux*, *Nat m.*, *Phos.*, *Bry.*, *Hep.*
 Open air. Better : *All. c.*, *Puls.*, *Acon.* (See *Ars.*, *Dulc.*)
 Uncovering head. Worse : *Hep.*, *Nat m.*
 Much sneezing : *All. c.*, *Dulc.*, *Hep.*, *Ipec.*, *Kali iod.*, *Merc.*, *Nat m.*,
Phos., *Rhus*, *Sul.*
 Catarrh. Copious : *All. c.*, *Ars.*, *Kali iod.*, *Nat m.*
 Catarrh. Fluent : *Acon.*, *All. c.*, *Ars.*, *Nat c.*, *Hep.*, *Nux.*
 Catarrh. Fluent in warmth : *Dulc.*, *Sul.*
 Catarrh. Fluent alt. dry : *Ars.*, *Nat m.*, *Nux*, *Phos.*, *Puls.*, *Sul.*
 Dry coryza : *Bell.*, *Bry.*, *Nux* (early), *Dulc.* (in cold air), *Kali bich.*
 Nose stopped : *Nux*, *Dulc.*, *Puls.*, *Rhus*, *Ipec.*, *Carbo v.*
 With lachrymation : *All. c.*, *Bry.*, *Euphr.* (acid tears), *Kali iod.*
 Discharge acrid : *All. c.*, *Ars.*, *Gels.*, *Kali iod.*, *Merc.*, *Nux*, *Sul.*
 Discharge bland : *Euphr.*, *Puls.*
 Discharge bland with acrid lachrymation : *Euphr.*
 Discharge offensive : *Hep.*, *Merc.*, *Calc.*, *Kali bich.*, *Nat c.*, *Puls.*
 Discharge crusts : *Calc.*, *Kali bich.*, *Phos.*, *Tub.*

Discharge greenish : *Kali bich.*, *Kali iod.*, *Merc.*, *Puls.*
 Discharge purulent : *Calc.*, *Hep.*, *Kali bich.*, *Kali iod.*, *Merc.*, *Phos.*,
Puls., *Tub.*
 Discharge blows out blood : *All. c.*, *Ars.*, *Bell.*, *Hep.*, *Phos.*, *Puls.*
 With chilliness : *Nux*, *Ars.*, *Gels.*, *Merc.*, *Rhus*, *Calc.*, *Bry.*, *Phos.*
 With chills : *Nux*, *Gels.*, *Ipec.*
 With shivering : *Kali iod.*, *Ipec.*, *Bry.*, *Nux*, *Rhus.*
 Alternate beat and chill : *Kali iod.*
 Sweating. Better from : *Nat c.*, *Kali iod.*
 Sweating. Worse from, or not better : *Hep.*, *Merc.*
 With nausea : *Ipec.*, *Ant tart.*
 Cold travels down : *Bry.*, *Ipec.*, *Carbo v.*, *Ars.*, etc.
 Hoarseness : *Bell.*, *Phos.*, etc.
 Begins in chest and goes up : *Phos.*
 Frontal sinuses affected : *Merc.*, *Kali iod.*, *Ars.*, *Lyc.*, *Sil.*
 Larynx affected : *Acon.*, *All. c.*, *Bell.*, *Bry.*, *Carbo v.*, *Euphr.*, *Hep.*,
Merc., *Nat m.*, *Phos.*, *Rhus.*
 With pain in head from sneezing or coughing : *Bry.*, *Nat m.*, *Phos.*
 With pain in abdomen, from sneezing or coughing : *Bry.*, *Dros.*
 With sore throat : *Merc.*, *Nux*, *Phos.*

(source : Tyler, M. L. : Pointers to the common remedies.)

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